



Thank you for requesting this prospectus, and I'd like to extend a warm welcome to the Inner Fulfillment, "Soul Therapy and Life Coaching" Training programs! Throughout these pages you'll find all of the details for the training process - '**Beginners Hypnosis**', the 8 Day '**Past and Current Life Regression Therapy**' (with additional days of post course material), and the 4 day '**Between Lives Spiritual Regression Therapy**' training programs. These courses can be attended individually at certificate level, or as a combined 12 day program that qualifies each student as a Regression Therapist at Diploma level.

As your trainer, I am committed to do everything I can to make sure that your learning is the best that it can possibly be. Before, during and after the training I will be available to answer your questions, to clarify points, to help you learn a technique, or to discuss the finer points of the processes to assist you in your journey to becoming an excellent Regression Therapist.

#### Aims and Intentions

- To use Regression techniques that promote healing of the client's mind, body and soul. The techniques taught in this course are holistic, and address the 3 levels of the client's consciousness. It is the aim of this training that you are able to successfully involve all 3 levels in the therapeutic process, and create significant positive changes for your clients in private practice.
- To teach the theory and practical techniques of Regression therapy, Between Lives Regression and Hypnosis.
- To provide students with an opportunity for personal and spiritual growth
- To give students an excellent grounding in Regression that provides the opportunity for ongoing development in Advanced Hypnosis and Regression techniques
- To help students develop professional standards to do with ethics, boundaries and safe practice, and to gain association membership and insurance.
- To provide training for students wishing to establish a private practice, and to integrate these techniques with other therapeutic approaches.
- To provide students with supervision, assessment and support throughout the training and post training.

Whether this is the first therapy training you've undertaken, or a course that adds to your existing skill set, it is my profound wish that this training is everything you've been looking for and more! Enjoy your chosen programs, and I look forward to staying connected with you over many years of assisting clients in their healing journey.



**Tony Collins**

*Inner Fulfillment Director of Training*

## Professional Regression and Hypnosis Courses available with Inner Fulfillment:



- Hypnosis
- Past and Current Life Regression Therapy
- Between Lives Spiritual Regression
- Diploma in Regression Therapy (Past and Current Life Regression Therapy and Between Lives Spiritual Regression combined)

These can be taken separately to add to existing skills, or as a progression of skill sets to immerse yourself in your preferred modality. All courses are designed to give you a full range of proven, practical, and effective tools that are suitable for a variety of therapeutic practices.



All courses are endorsed by the International Institute for Complimentary Therapists and at the successful completion of your training you will be eligible for Professional Membership and Insurance with the I.I.C.T.

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### Where do I start?!

To enrol in our Past Life Regression courses, it's essential to have a working knowledge of Hypnosis – understanding what Hypnosis is and how it works is fundamental to being able to guide a client into their Past Life memories.

If you are already trained in Hypnosis (a minimum of 3 days in a supervised classroom) you will be eligible to enrol in the Past Life Regression course. If your experience with clients is limited, or you're not sure about your level of Hypnosis knowledge, please arrange a phone call with Tony on 0420 249 592 to ask any questions about your existing skills. More often than not, your skill set will be adequate to join straight away, though in the event that you require (or would like) more knowledge, a Home Study Hypnosis kit can be mailed to you before the Regression Course begins.

If you are not trained in Hypnosis (or would like the Home Study kit as an additional resource), a Home Study Hypnosis kit will be mailed to you upon receipt of your Regression training deposit and only \$100 will be added to your Regression fees. You can then learn at your own pace before joining the live Past Life Regression training.

The Home Study Program has been specifically designed to teach the basic theory and techniques of Hypnosis to a complete beginner. It is a straightforward, but comprehensive beginners program that consists of a 100 page manual and approximately 7 hours of recorded lectures and demonstrations. In addition to you studying at your own pace, supervision will be provided to you via phone, email or Skype to make sure you've understood the course content and are completely comfortable to start using the Hypnosis skills when you join the Regression course.

## Hypnosis Home Study Course – “What’s involved?”

This training covers the basic skills required for Regression Hypnosis, and is designed for a complete beginner. Please note: **this is not a professionally certified training in Hypnosis** and you will not be able to call yourself a ‘Hypnotherapist’ by completing this Home Study course. You can say that you’ve been trained in beginners Hypnosis, and you will gain the necessary practical preparation to join the 8 day Regression program at a later stage.

### ***Outline of the Course content:***

- The nature and function of the Unconscious Mind
- How hypnosis works and understanding trance
- How to build rapport with clients
- Indirect and direct hypnosis
- How to effectively use your voice
- Inductions and Deepeners and how to choose when to use them
- Ideo motor responses and Anchoring
- Bringing clients out of trance

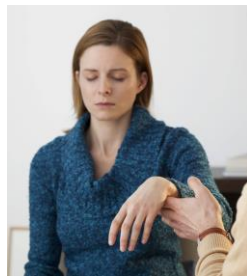
Training Investment (if not purchased with a Regression course) - **\$495**

It includes recorded lectures and demonstrations, supervision via email or phone, and a 100 page manual.

This is a simple and effective way to begin learning Past Life Regression, saving you the time and expense of enrolling in longer Hypnosis programs just to learn basic skills. If you are primarily interested in Past Life Regression and not so interested in clinical hypnosis approaches, this is definitely the right step for you!

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## Learning Beginners Hypnosis – Option 2



For those who would prefer a certified Hypnosis course, and the right to practice Hypnosis professionally with clients, you can enrol in one of our 4 day Beginners Hypnosis classes for an in depth and supervised training:

### **Hypnosis - Four day Beginners Course**

This training covers the beginners requirements for using hypnosis professionally with clients, and you will be introduced to a practical variety of approaches. The training is suitable for students with no prior knowledge of using hypnosis or other therapies, or experienced therapists and professionals wishing to gain hypnosis skills.

### ***Outline of the Course content:***

- The nature and function of the Unconscious Mind
- How hypnosis works and understanding trance
- Client interviewing and session planning
- How to build rapport with clients
- Indirect and direct hypnosis
- How to develop and effectively use your voice for Hypnotic processes

- A variety of Inductions and Deepeners and how to choose when to use them
- Ideo motor responses and Anchoring
- How to use suggestions and metaphors in Hypnosis
- Stop smoking
- Bringing clients out of trance
- Ethics and contra indicators
- Professional memberships, legalities and insurances
- Building a Hypnosis practice
- Self hypnosis, and how to make professional recordings

This is a single 4 day training most often taught from Thursdays to Sundays, although it can be arranged over 2 weekends where necessary. It includes lectures, supervised practice sessions, demonstrations, group discussions, supervised post course case studies, and a short exam for certification.

### **Training Investment - \$1,295**

*(For upcoming dates & locations, request a registration form via email at [ynotcollins@gmail.com](mailto:ynotcollins@gmail.com))*

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### **A Final Note on Learning Hypnosis:**

If you are unsure about how much training you would like to undergo in Hypnosis, you can purchase the Home Study kit to get started (value \$495) and enrol in a 4 day Beginners Course at any stage in the future. The \$495 value will be deducted from the \$1,295 course fee and you can attend the 4 day class for only \$800. There is no time limit for utilizing this option, although fee structures may change with inflation and these figures may vary in the future.

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### **Now that I'm trained in basic Hypnosis, am I ready to facilitate Past Life Regressions?**

Yes – now that the basic skills in Hypnotic induction and deepening have been learnt and understood, you are ready to join a comprehensive live training in Past and Current Life Regression Therapy!

*"Why is this course 8 days long and trained in 2 modules – can't I learn it faster?!"*

Of course Past Life Regression can be trained in a shorter format, but only at the expense of essential skills required to handle any problem that arises (and there can be many in the field of regression work). Ensuring that skills for all eventualities are covered, and that students are confident and capable of safely resolving traumas that arise during memory exploration *is of the highest priority to this training organization*. Time and adequate supervision are essential for learning these techniques properly, and when the day comes when a client presents with a particular traumatic problem, you'll be glad you invested in the extra training time!

This course has been carefully structured to include techniques to handle almost any problem that arises in Regression therapies. It is a combination of 4 different disciplines – Hypnosis, Past Life Regression Therapy, Between Lives Regression, and how to work with Timelines. You will also be given a copy of your course lectures on USB at the conclusion of each module, included in the course fee.

After the live trainings, there are lectures on additional material added to the post course resources (these are recorded lectures not requiring you to spend extra days in the classroom). This amounts to at least **2 extra days** of information and techniques for you to work with in private practice after receiving your qualification.

There will be access to video recordings of the entire program and ongoing student webinars after the training. These will come with a low cost annual fee for website maintenance and marketing.

## Past & Current Life Regression Therapy Practitioner - 8 Day Course



This training covers beginners and advanced techniques for using Regression Hypnosis to treat past and current life issues professionally with clients. It is taught in 2 x 4 day modules with approximately 2-3 months in between modules, and is suitable for students with prior training and experience with hypnosis.

The course engages all 3 aspects of the client's consciousness - the mind, body and soul, and is designed to enable a student to resolve deep and long standing issues with their clients. It includes a range of modern hypnosis, techniques and concepts from indigenous cultures, and spiritual energy healing tools to obtain the best possible healing outcomes.

### Outline of the Course Content:

- Introduction to Past Life Hypnosis and Therapy
- Prime Directives of the Unconscious mind and the importance of memory
- How memories are stored and affect the nervous system
- Overview of the 3 selves (Body, Mind and Soul) – their functions, and how to work with each level in Past and Current Life Regression sessions
- Overview of the Reincarnation and Soul learning model of human experience
- The importance of the first event of a client issue – how the root cause of an issue activates a soul lesson and negative chain of memories
- Hypnosis methods for Past Life Regression – guided visualization, progressive relaxation, confusion etc
- Practical applications of association and disassociation in Past Life Hypnosis
- Using Hypnosis to explore Past Lives
- Navigating potential blocks during the past life
- Transforming unresolved events in Past Lives for a therapeutic result in the current life
- The importance of the past life death point
- Crossing into the Interlife and transforming the soul, discovering soul purpose and enlisting the help of spirit guides and soul group family members
- Using timelines to locate relevant memories, bridge back to the original source of a problem, and navigate between relevant past lives
- Interviewing techniques and symptom gathering – what to ask and why
- Educating the client, expectation setting and goals for Past Life experience
- How to safely and permanently transform the memory of a traumatic event in a past life, or the current life
- Basic techniques for working with intrusive energies

This course is taught in 2 modules over 4 days each. **When a student registers for the course they are registering for both modules, and the full 8 days must be attended to receive a qualification.**

In between module one and two there is time for you to practice with people and hone your skills. You will be given up to 6 hours of one to one supervision for 3 client case studies via email, phone or Skype. After module two you will be given up to 20 hours of one to one supervision for 4 client case studies, and a short post course exam.

## Small Group Learning and Personal Healing Opportunities

Classes are small in number to maximize your learning (a maximum of 6 students per class) and practice sessions are held in quiet, private rooms to allow you to fully focus on the skills being taught.

During the course you will have many opportunities to experience and heal your own past lives and gain a deeper understanding of your soul purpose in this lifetime. There are 5 long practical sessions during the modules - not only will you be learning how to facilitate regression for people, you'll also be experiencing the healing power of the process for your own soul progression.

## Course Features and Benefits

The process of healing painful memories is very important to our overall ability to thrive as human beings. When negative experiences happen (as they do for all people at different stages of life), these experiences are lodged in the unconscious processes and can create all kinds of problems, including (but not limited to):

- Persistent and significantly charged negative emotions such as Anger, Fear, Sadness, Guilt, Grief, Shame, Anxiety etc
- Ongoing negative belief structures and thoughts about the self and world
- Behavioural issues such as substance abuse, overeating, self harm, or a wide variety of dysfunctional patterns
- The need to avoid certain places, people or activities
- Phobias
- Recurring patterns or themes – loss, betrayal, rejection, abandonment etc
- Ongoing relationship issues
- Physical issues with no medical explanation

These are common examples of symptoms that people seek Regression therapies for, and are very treatable with the techniques taught on this course. In truth, *every symptom* has a history, a first event, and a stream of associated memories that are connected to the symptom – therefore treating painful memories can be considered as an extremely important component of every healing process.

The techniques taught on this course are designed as a series of stand alone techniques that can treat a wide variety of symptoms. They also make a powerful complement to skills from other therapeutic approaches. It is designed to teach a beginner new to the therapeutic field, or a seasoned therapist seeking new skills for their existing practice.

## Supervision and Certification

In order to learn any skill well it is essential that we receive excellent supervision and support. This training comes with many levels of supervised practice, both in the training room and when you are seeing clients between, and after the modules.

There are supervised practical sessions every day on the modules – every technique is discussed in detail, demonstrated, practiced by the group, and then discussed again in a group learning setting. All lectures during the course are recorded and given to you on a USB stick at the conclusion of the training so you have them for future reference. During the lectures you will have every opportunity to ask questions about any part of the process, ensure that your question is clarified, and then supported in and out of the training room to gradually master the techniques.

This is a very important part of the process and no aspect is overlooked or minimised in your learning experience. Please refer to the 'Student Testimonials' section later in this prospectus to read what students have had to say about their supervision experiences with this course – it is given a very high degree of attention as you train, and you'll receive approximately 25 hours of one to one supervision outside the training room.

There is usually a gap of between 8 and 10 weeks between modules 1 and 2, and you will be asked to practice the module 1 techniques with 3 people before module 2 gets underway. A written template with the skill set is provided, as well as an example of how to write a case study, and you submit your case to the trainer at the conclusion of your session. Extensive feedback is provided in a return email and you have the opportunity to discuss every case via phone or Skype.

The same process is followed after module 2, though you'll be asked to work with the full range of techniques with 4 client case studies, and some of these may involve more than one session to achieve a good therapeutic outcome. Realistic expectations and positive, encouraging feedback are always provided. The final step is a short open book exam to complete and return, and there is a 6 month timeframe for completion following the last day of module 2.

## **Training Investment - \$2,790**

It includes lectures, supervised practice sessions, demonstrations, group discussions, supervised post course case studies, and a short exam for certification.

### **Early bird specials:**

1. If you are already certified in Hypnosis - book and pay the full training fee 30 days before your first module and **receive \$290 off**

**Total fee - \$2,500**

2. If you are uncertified in Hypnosis and need the beginners Hypnosis course – book and pay the full training fee 30 days before your first module and **receive \$290 off**

**Total fee - \$2,600**

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3. For those untrained in Hypnosis book for the Home Study Hypnosis course and Regression Therapy Practitioner training, and **receive \$395 off**

**Add Hypnosis Home Study - Both courses total fee - \$2,890**

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## **Registration, Deposit and Payment**

To reserve your place a registration form must be completed and returned, and a non refundable deposit of \$500 is required to secure your place. Fees must be completed before the beginning of module 1 for your chosen course.

### **Payment Plan Options**

If you enrol in a course several months before it gets underway, you can structure a plan that breaks payments into small chunks and begin prepaying from the time of registration – this would effectively give you a longer timeframe to complete the fees before joining the training.

A limited number of payment plans for completing fees before module 2 starts are available – these must be discussed and agreed before completing your registration. Contact Tony for details.

## Between Lives Spiritual Regression – 4 Day Training (Module 3 of the Regression Therapy Diploma)



This course is designed give you the skills and knowledge to guide a client into deep hypnosis and explore their soul memories of the in between lives state.

The training is based on the groundbreaking work and instruction of Michael Newton and his books "Journey of Souls" and "Destiny of Souls". It includes lectures, live demonstrations, supervised pair work, and supervised case studies after the course. During the 4 days every student will have the chance to guide a full Between Lives Spiritual Regression, as well as experience their own.

### Outline of the Course Content:

- The client preparation and interview
- Hypnotic deepening techniques for LBL
- The crossover from a past life to enter the soul memories between lives
- Experiencing rejuvenation energy to heal profound past lives
- Connecting with Spirit Guides and Teachers
- Meeting soul groups, and links between soul groups and people in this life
- Meeting the Council of Elders who assist in planning the next life
- Physical body selection for this life
- Other activities in the between lives state
- Reincarnation into this life & the experiences of entering the unborn baby
- Overcoming blockages
- Seeking advice for the client from the Elders
- Integration into the client's present life

This course is taught as a single 4 day module – it can be attended by anyone who has sufficient training in Past Life Regression Hypnosis, or by all students who have completed the Inner Fulfillment 8 Day Regression Therapy program. For those who have completed the 8 day Inner Fulfillment course, this module will qualify you at Diploma level as a Regression Therapist.

All students will be given up to 10 hours of one to one supervision for 4 client case studies after completing the course. Supervision is given via a combination of email, phone and/or Skype. There is a short post course exam to complete the qualification.

### Small Group Learning and Personal Healing Opportunities

Classes are small in number to maximize your learning (a maximum of 6 students per class) and practice sessions are held in quiet, private rooms to allow you to fully focus on the skills being taught. You will also be experiencing your own Between Lives Regression as part of the training.

**Training Investment - \$1,495**

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### **Early bird specials:**

1. book and pay the full training fee at least one month before your course commences and **receive \$200 off**

**Total fee - \$1,295**

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## **Diploma in Regression Therapy**

### **(Past and Current Life Regression AND Between Lives Spiritual Regression Courses)**

Successful completion of both courses (3 modules, 12 days of training and supervised post course case studies) will qualify you with a Diploma in Regression Therapy, endorsed and approved by the I.I.C.T.

The 8 day Past and Current Life Regression program will be held over an approximate 9 month timeframe and it's recommended that the case studies from this first stage of the Diploma are completed before joining the Between Lives course. This is not essential, but it does make it easier for you to focus on the additional case studies from the Between Lives module.

It's my aim to run a Between Lives module between 4 and 6 months after each Past Life Regression course, and if your aim is to complete all three diploma modules within a year you will be able to join the next available Between Lives training. If you would prefer to wait, there is no time limit for adding the Between Lives module to complete your diploma. After you've completed modules one and two in Past Life Regression you can enrol in a Between Lives Spiritual Regression module at any future time.

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### **Training Investment - Hypnosis Home Study, 8 Day Regression Therapy Practitioner and 4 Day Between Lives Regression Diploma Program:**

**Book all 3 courses - \$3,500**

### **Early bird specials:**

1. Book and pay the full training fee before your first module and receive \$250 off

**Total fee - \$3,250**

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### **Registration, Deposit and Payment**

To reserve your place a registration form must be completed and returned, and a non refundable deposit of \$500 is required to secure your place. Fees must be completed before the beginning of module 1 for your chosen course. **Committing to the Diploma is a commitment to 12 days.**

### **Payment Plan Options**

If you enrol in a course several months before it gets underway, you can structure a plan that breaks payments into small chunks and begin prepaying from the time of registration – this would effectively give you a longer timeframe to complete the fees before joining the training.

A limited number of payment plans for completing fees before module 2 starts are available – these must be discussed and agreed before completing your registration. Contact Tony for details.

## Payment Methods

Payment methods are by **Paypal, Bank Transfer** or **EFTPOS** transactions over the phone (Debit, Visa and Mastercard are available).

- If paying by Paypal, refer to the website [www.pastliferegressionhypnosis.com.au](http://www.pastliferegressionhypnosis.com.au) where you will find links to the various payment options on the "Professional Courses" page
- If paying via bank transfer, please use your name as reference and what the payment covers i.e. Tanya Smith – deposit for PL course.

When a bank transfer is made please advise Tony Collins by email; [ynotcollins@gmail.com](mailto:ynotcollins@gmail.com)

Bank Transfer Details:

Bank: Commonwealth

Account name: Inner Fulfillment Pty Ltd

Account number: 1044 9608

BSB: 06-26-02

- EFTPOS by phone: Tony Collins 0420 249 592

**PLEASE NOTE:** Once you have committed to the training, **the commitment includes all modules of your chosen training, and the full training fee.**

Should an unseen problem arise that prevents you from attending modules one, two or three of the programs, no refunds will be given for non attendance, and payments must be continued as per agreed schedules unless otherwise authorised.

You will be able to rejoin the program again at your first available opportunity in the future, though all modules and resources must be paid for in accordance with the terms and conditions.

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## Future Modules

The Soul Therapy and Life Coaching Institute is presently creating new material for 3 extra modules, most likely available in both a live training and online formats. New material will include:

- The Chakra and Subtle body energy systems, and energy healing techniques to add to Past Life sessions
- Working with High Beings and other 5<sup>th</sup> dimensional energies to promote deeper healing for your clients
- Additional resources for identifying and clearing negative intrusive energies, such as spirit attachments, entities, and dark energies
- Additional resources for trauma and trauma clearing
- How to use the Akashic records for identifying and healing client issues
- A full Life Coaching program that encompasses all of the techniques taught, and how to create long term plans for clients seeking deeper connection with their soul purpose

These programs are expected to be completed and available by the second half of 2019.

## Venues, Locations and Training Times

The trainings are held in serviced apartments, most frequently on the Sunshine Coast in Queensland, although trainings in Sydney, Melbourne, Brisbane, Adelaide, Perth and New Zealand are periodically scheduled, depending on confirmed registrations.

The venues selected have between 2 and 4 bedrooms for participants to book for low cost accommodation – if you need to travel to a training you can reserve a bedroom at the venues for just \$50 per night, booked on a first requested basis. All bedrooms are for one person only (unless booked by a couple) to give each student a private space to relax after the training completes each day. Most venues have private ensuites although sometimes a bathroom may be shared.

If the low cost accommodation has already been booked at your time of registration I'll assist you in finding an alternative place to stay, preferably in the same building. Though this can't be guaranteed I will offer support to ensure you find the closest and most affordable option.

Each venue is self contained with full kitchen facilities and amenities, and are selected to be within an easy walk of supermarkets and restaurants.

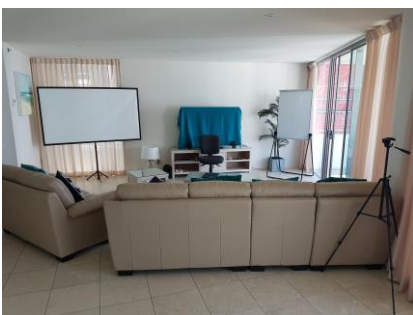
All modules are held between a Thursday and Sunday, and training times are from 9am to 5:30pm Thursdays to Saturdays, and from 9am to 5pm on Sundays.

The training programs are most consistently held at the 'Cilento' apartment building at 19 First Avenue in **Mooloolaba, Sunshine Coast, Queensland**, which is 20 mins from the Sunshine Coast airport, 1 hour from Brisbane airport, and in an outstanding beach setting at the heart of the coast.

Free transfers from either Maroochydore or Brisbane airport on the day before a training are possible with plenty of advance notice, and return transfers on Sunday or Monday after a module completes are also easily arranged.

Once you've arrived and settled in Mooloolaba you'll find an abundance of restaurants, supermarkets and amenities within a few minutes walk of centrally located apartments, as well as the pristine Mooloolaba beach – ideal for morning walks, or unwinding after the training completes each night!

### The Mooloolaba training space and bedrooms:



### Mooloolaba Beach (and the 'Cilento Mascot': our resident seahawk!):



## **Meals and Evening Activities:**

Meals are not provided in the morning or evening although there will be healthy snacks, tea and coffee etc supplied for breaks, and there is a fully equipped kitchen that is available for all students to use. The beachfront at Mooloolaba is only a 2 minute walk away and there are multiple food options available. Regular breaks will be taken and lunch will be one hour each day.

### Evening

Evening activities can be organised, and include group meals, movies, tarot cards, games etc, and a group dinner at a nearby restaurant is often organised for the Saturday evening before the last day. These are completely optional – students may choose to rest or enjoy free time after the training each day if they prefer.

## **About your Trainer: Tony Collins**



Tony moved to England at the age of 22 and travelled through Europe, Asia and Central Australia for 5 years during which time he became fascinated with Hawaiian Huna practices, guided meditations, and alternative health treatments. He decided to pursue a career in mind, body and spirit therapies with the aim of assisting people to resolve inner conflicts and learn more about their spiritual nature.

He first completed training in KaHuna bodywork on the Sunshine Coast in 2001, and then qualified as an NLP Master Practitioner, Hypnotherapist and Timeline Therapist® in London in 2004. He completed Diplomas in Clinical Hypnotherapy and Life Between Lives Regression while living in the UK, and practiced in London for five years.

He began a therapy practice in Australia in early 2009, has since completed his diploma training as a Regression Therapist with the same UK academies, and is certified as a Hypnosis and NLP Trainer.

For ongoing development, he's completed courses in Pleiadian Lightwork Healing (F.S.P), Pranic Healing, Pranic Psychotherapy, and Theta Healing, all of which have contributions to the Regression therapy programs. All modalities work directly with the mind, body and soul, and Tony recognizes the importance of working with all 3 in any therapeutic process. He brings a blend of humour, empathy and experience to his work with clients and students, and is committed to providing a safe and supportive space to achieve the best results possible.

Tony has 16 years of experience and well over 4,000 hours of clinical practice in Regression Therapies, and has helped more than 1,000 people with these methods. He strongly believes in healing methods that promote inner peace and happiness, & open each individuals unique connection to their higher self.

## **Qualifications:**

### **NLP and Hypnosis Trainer – Certified**

Tad James Co.

### **Regression Therapy – Diploma**

Past Life Regression Academy, UK

### **Life Between Lives Regression Therapist – Certified**

Past Life Regression Academy, UK

### **NLP, Hypnosis and Time Line Therapy™ - Master Practitioner**

NLP World, Brighton, UK - 2003 / Refreshed with Tad James co. - 2013

### **Clinical Hypnotherapy –Diploma**

The London College of Clinical Hypnosis, UK

### **Pleiadian Lightworker Energy Healing (F.S.P.) – Levels One and Two**

Evolve As One – New Gisborne, VIC

### **Theta Healing – Basic and Advanced DNA**

Evolve with Theta Healing School, Redcliffe, QLD

### **Advanced Pranic Healing and Pranic Psychotherapy – Practitioner**

Brisbane Pranic Healing Centre (with Fara Curlewis)

### **KaHuna Massage – Level 5 Hawaiian Massage Therapist**

Mette Sorenson's Institute, Sunshine Coast, QLD

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## **Association Memberships**

### **International Institute of Complementary Therapists (IICT)**

Full member, and Approved Training Provider

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## **Why train with Tony?**

*"I learnt many things but a couple of things that were profound was the fluid structure of each stage of therapy and how it effectively brings the clients awareness to the present. I also learnt more about the Attachments and releasing them which is really useful.*

*This course has been the best course I have completed in terms of Spiritual Hypnotherapy. The content of the course had depth yet was very easy to understand. Tony is an insightful and deeply spiritual man who has made sure all the students are taken care of. Tony is very experienced with Between Lives Regression work and it really shows in his techniques. The course went above and beyond anything I have experienced in this field.*

*This course is the best training in the country. I highly recommend it to anyone who has great integrity in helping heal people through spiritual hypnosis".*

**Dean – Sydney, NSW**

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*"I have attended my share of professional development training in previous employment over the last 30 years and I would rate the training by Tony as one of the best I have experienced. Tony's attention to detail in all areas of the course were outstanding.*

*The course was very well structured in a way that supported my learning in an area that I was very unfamiliar with. Tony's training delivery was also excellent, always welcoming any question or feedback from the group as well as being very open to where students were at with their journey in PLR practice. This positive experience only continued as I progressed through the supervision case study phase of the training where Tony's written feedback to case study assignments was exceptional and back up by great phone call discussions that really supported me in setting clear session plans for the next client session. Just excellent.*

*10/10 – Exceptional, and very happy for my feedback to be used for marketing if suitable"*

### **Steve - Tasmania**

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*"Tony is very thorough in his teachings and has a wealth of knowledge and experience to share. He provides a very unique, skilled format of techniques and understandings developed from his many years of working with clients.*

*The small group approach was very appealing to me. The exchange of information is more accessible than in a large 'factory' type setting and the information provided is beyond expectations.*

*The fact that my case studies and clients have already shown life changing improvements is proof in the pudding. I would totally recommend Tony Collins for an honest, up-to-date, authentic approach".*

### **Tee – Sydney, NSW**

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*"I appreciated the attention to detail, professionalism and opportunity to clarify questions the best. Excellent notes given in the manual and also updated versions forwarded when necessary. I enjoyed the balance of humour also! The Case Study supervision was excellent. I appreciate the flexibility and readiness to arrange Case Study reviews and felt it was very personal, and grateful of the amount of ongoing help and explanation.*

*Past Life Regression came alive with this Course. I really came away feeling I had not only completed the Course but had been offered ongoing guidance when needed. Tony is a very committed Trainer. I appreciate his attention to detail and sensitivity. Gratitude, and 10/10 for the course".*

### **Chris – Sydney, NSW.**

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*"Great training! Tony is a very engaging teacher and the course material is very well structured and presented in a very accessible way. Over two modules we learned skills that have the potential to improve the lives of our clients dramatically.*

*Overall the course was a 9/10 - more people should know about this work".*

### **Tina – Canberra, A.C.T.**

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*"Thanks for being so positively supportive. I am so thankful I did this course through you. I feel the way you have put it together is really well structured for the end result of healing outcomes".*

### **Vianney - Gilgandra, NSW**

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*"I would like to highly recommend Tony Collins to anyone who is thinking about training in Hypnotherapy or Past Life Regression. Tony is a truly gifted teacher, but more than that, he teaches with soul wisdom. I did all of my training with Tony but after the courses are finished, Tony continues to teach and nurture his students and is always available to help.*

*I really enjoyed the courses: they were accessible and affordable, and working with the other students on each course was fantastic"*

**Linda – Gympie, QLD**

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*"I have just completed the Past Life Regression Practitioner course with Tony Collins in Qld and found the course to be professionally prepared and presented. The content of the course was relevant and interesting and Tony is an experienced and dedicated therapist and teacher who made sure everyone was able to interpret and understand every detail of the course.*

*I would recommend this course to any therapist or practitioner who has had Past Life experience personally or professionally and would like to learn or continue to expand their understanding of this very interesting and profoundly healing practice as a personal or professional process.*

*Tony is an exceptional teacher and person. Overall a 10/10 - excellent standard, content and supervision. Thank you!"*

**Dani – Melbourne, VIC**

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*"The Past Life course comprehensively covered what's required to take a person into trance, direct them through the past life experience and then realize their lessons from that lifetime. It was easy to follow and covered many difficulties that may arise in Past Life Regression sessions. I liked Tony's manner as he encourages a relaxed atmosphere. I highly recommend this training - it is not only helpful for those you work with, but also extremely helpful in understanding yourself!*

*In the Between Lives Spiritual Regression course I gained a deeper understanding of the hypnosis and regression process, and a working knowledge of the main stages of the Between Lives process. I enjoy Tony's rapport with the class, his ability to discuss the information in depth, and I hope he is able to build on this success with future classes.*

*Tony is an inspired presenter. The material we covered was endlessly interesting, revealing many aspects of spirituality that I had previously not realized. I highly recommend these trainings - overall, a 9/10!"*

**Ross - Sunshine Coast, QLD**

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*"I experienced the most amazing healing though a past life regression session with Tony Collins. Stress related migraines I had been plagued by for many, many years vanished within a couple of weeks of the session. I'm so grateful for the new energy I now have in my life. Thank you Tony.*

*PS. The PLR session was conducted during the course run by Tony on the Sunshine Coast in late October. It was certainly worthwhile attending because I learnt new PL Regression techniques and received a fantastic healing too".*

**Ros – Brisbane, QLD**

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*"I gained a lot of knowledge and enjoyed learning about how we carry our thoughts and emotions with us from one life to another, and how important it is to heal from these and find forgiveness.*

*Tony is an experienced and skilled practitioner / therapist who imparts knowledge and skills in a practical manner. He has an easygoing style that is methodical, clear and very professional. If you want to deeply understand Regression Therapy, you will be provided with an in depth knowledge and a thorough understanding of how to assist a client to reach the source of their issue to once and for all let it go so they can heal.*

*The methodology is sound and based on a variety of Hypnosis, N.L.P., Regression Therapy and Between Lives therapy techniques, mixed with Tony's own model of Regression therapy based on his skills and experience.*

*If you want to learn Regression Therapy, Tony is one of the best in the business – you will be very happy with the results!"*

**Tanya – Gold Coast, QLD**

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*"I undertook the Regression Therapy training having had some prior experience. However the depth of knowledge and powerful healing skills that Tony shared with us, and patiently taught us, built the strongest of foundations from which to launch my practice.*

*I now confidently know that I can assist anyone who comes to me for healing as well as being assured that Tony is always there to support me."*

**Fiona – Agnes Waters, QLD**

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*"I learnt a lot about hypnosis deepening, overcoming blockages, and navigating the stages of the Between Lives process. I really enjoyed the relaxed nature of the training, the professional and informative trainer, and learning how to successfully guide a client into the spiritual realms for Between Life exploration.*

*It was a very interesting, informative and professional course – such a wonderful tool to guide the client into the spiritual realms for their personal healing and exploration. I am very grateful for the opportunity to learn this modality with such a great tutor and a wonderful group of fellow students".*

**Chloe – Sunshine Coast, QLD**

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*"I have to say Tony as a trainer you have an excellent rapport. You managed the time perfectly and the content was so easy to understand, nothing was ever too complicated. Your obvious knowledge and passion regarding Hypnotherapy is great, and I was amazed at how powerful Hypnotherapy can be.*

*You are an excellent trainer who speaks from the heart. Well done and thank you!"*

**Alice – Melbourne, VIC**

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*"I wanted to write and thank you again for a fabulous training. Please accept my compliments when I say your training and in particular your style as a trainer far exceeded my expectations.*



*Prior to attending I had high hopes that the training would be good but as you know it's always a bit of a gamble when you don't know much about the subject or the trainer.*

*What did I like best? Well, I guess it was your laid-back, non-judgemental attitude yet highly professional. You made the training fun - I felt I was in a safe environment to be comfortable to share my experiences and learnings as we went along. It was delivered at a high standard and certainly ticked every criteria I personally had prior to attending. Through my working career I have been given the opportunity to attend many, many trainings by a variety of lecturers but I must say your deliverance of this training was one at the top of my list - well done and thank you.*

*Not only did you cover the course material thoroughly but you went above and beyond to answer all my questions (and I did have a lot :) sorry!) but you gave us so many practical tips and advice and a taste of other more advanced practices and therapies.*

*Definitely money well spent. Looking forward to moving on to the advanced courses with you soon. Thanks for being so flexible & professional and making my experience such a high positive one!"*

**Junaya – Cairns, QLD**

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### **Regression Client Testimonials – Tony's clients share their experiences:**

*"I suffered with severe back ache since my adolescent years. An x-ray at age 30yrs showed a few of my lower vertebrae looked like "honeycomb". The radiologist asked me when did I have the accident. When I replied 'never' it was decided it had to be result of birth trauma.*

*I know I did not tell you this but only that I had a sore back and would like to resolve the issue through regression therapy. At my regression session I initially went to a past life as a young adult. When the healing for that life was complete, you asked if the problem had completely resolved and when I said "no" you persisted to take me back to the 'source' of the problem. I went to a life where I was a very young child playing with some others and one of them accidentally "blew" a dart which penetrated my lower back. With your help we "fixed" this wound. I have to say I have never had that recurring back pain since our session which must have been over twelve months ago now. I am so appreciative of the work you do and how safe I feel with your work. A big THANK YOU!"*

**Nancy - Brisbane**

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*"I saw Tony initially to have a past life regression just for the fun of it. It wasn't until we started chatting that I realised he could possibly help me with my claustrophobia and panic attacks. Fortunately Tony was able to change on the spot the regression session to Time Line Therapy session. It was amazing. We discovered the cause of my claustrophobia in a past life and Tony was able to desensitise my reaction to it. After one session no more claustrophobia. It was life changing.*

*It didn't however help with the panic attacks so it was back to see Tony again. This time we discovered that I was suppressing a current life memory and again Tony helped remove the emotion from it. Panic attacks gone. I could sleep again!"*

**Hazel - Sunshine Coast**

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*"The changes that have occurred for me have been amazing as throughout my whole life (I am now in my late sixties) I have had what I term extreme emotional outbursts which have been debilitating and very upsetting for me and also for those loved ones around me. I have suffered from depression as a result and have been on and off medication for a big part of my life.*

*In some medical advice recently it was suggested that perhaps there was some trauma in my past either my own personal experience or something that had transferred to me possibly by a parent. This suggestion was all I needed to find some answers and subsequently started me on my search. As a result I came across the "Inner Fulfillment" website. The quite remarkable changes after the first session - tracking back to when certain emotions began was the beginning of a "big shift" emotionally, the second and subsequent sessions have only served to enhance this shift. Family members who were sceptical and perhaps disbelieving of the path I chose to get the help I needed have since seen the remarkable differences and are very encouraging and supportive of my choice of therapy.*

*For the first time in my life I am at peace with myself and can handle issues as they arise without having a huge emotional response. This has been such a "freeing" experience for me. I am now looking forward to doing some life between lives regression and seeing where that takes me. This journey continues and I look forward to the next chapter".*

### **Chris – Melbourne**

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*"The emotional therapy and healing that comes from experiencing past life memories was an invaluable improvement. Simply making connections between a past life and my current life is a powerful healing technique in itself, and is something I benefited from the most.*

*The 'miracle' like healing of my unexplained lower back pain from a past life memory was another astonishing improvement.*

*I recognised why I was experiencing specific issues and how to let go of them – the sadness, self consciousness and fears have dissolved after my sessions, and I can now see a future that looks like one I want to venture into. Also, the Life Between Lives Hypnotherapy was an empowering and extremely valuable experience.*

*Thanks again for everything – there are few words that can describe how much you helped".*

### **Tess - Sunshine Coast**

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*"I would like to extend my deepest thanks for what you have given me. For nearly 30 years of my life I have suffered incredible pain. It has been holding me back from reaching my true potential, I've tried everything and spent thousands of dollars over the years attempting to get rid of the pain and the problem.*

*There are no words can express properly how much your help gave me and I hope that anyone reading this testimonial who may perhaps be wondering if these techniques can help - let me just say, yes they can! Get the answers that you have been seeking so you too can reach your full potential. Thanks again Tony for a wonderful experience!"*

### **Cindy - Townsville**

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*"I gained a greater insight into my current life challenges and was able to stop antidepressants after needing them for many years - that to me is amazing! The probing questions in the Life Between Lives helped me gain a lot more information.*

*Thank you for an amazing experience!"*

### **Libby - Sunshine Coast, QLD**

*"After the LBL? I still get a feeling of utter joy remembering the most inspiring moments! Tony, you are great at what you do. I don't open up to people easily - you made it an enjoyable experience and thus I wanted to come back!"*

**Robyn - Sunshine Coast**

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*"The Life Between Lives gave me the realisation that I have choice in life - that being a victim is just a state of mind. The deep meditative state you achieve brings not only peace but real clarity. I was very happy with the sessions, and wouldn't change a thing."*

**Diane - Sunshine Coast, QLD**

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By enrolling in one of these training programs, **you could be generating the same effects for members of your community in 12 to 18 months of supervised learning and practice!**

I would love to see each and every person interested in this field achieve their potential and spread the healing effects of these methods far and wide!

Once again, a huge thank you for your interest in Regression Therapy, and it is my sincere wish to see you join us on a program very soon!

Request an enrolment form from [ynotcollins@gmail.com](mailto:ynotcollins@gmail.com), or contact Tony on 0420 249 592 with any further questions.

Blessings and kind regards



Tony Collins

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Inner Fulfillment Pty Ltd

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Email: [ynotcollins@gmail.com](mailto:ynotcollins@gmail.com)

[www.pastliferegressionhypnosis.com.au](http://www.pastliferegressionhypnosis.com.au)

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## Recommended Pre-Course Reading Materials

The text book for the training will be the course manual which you'll receive on the first morning but if you'd like to read about Regression before the training commences some recommended books about past lives and similar healing methods you'll be learning include:

"Journey of Souls" / "Destiny of Souls" – Michael Newton

"Your Souls Gift" – Robert Schwartz

"Many lives, many masters" – Brian Weiss, or

"Miracles Happen" – Brian Weiss

"Wisdom of the Soul" – Ian Lawton

(Other titles by Brian Weiss that are also relevant reads, though not necessary for the course - "Through time into healing" / "Same soul, many bodies" / "Only love is real")

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## Refund Policy

Once you have completed the registration form and submitted the \$500 deposit, you have committed to the training program and have indicated you understand the training terms and conditions (these are outlined clearly in the registration and payment plan forms). The deposit will be used for training expenses (such as rental of the training venue, printing of manuals etc) and is non refundable.

In the event that you cannot attend a training module due to unforeseen circumstances (illness, bereavement etc), all monies paid by you (including the deposit) will be transferred to a future program, and you will incur no losses. There is no time limit for the future program you would like to attend.

Should you voluntarily choose not to transfer to a future course, no refund will be given.

In the event that Inner Fulfillment cancels a training due to unforeseen circumstances, you will be entitled to a full refund, payable via bank transfer within 30 days of the training cancellation date, or alternatively you can transfer any fees that have been paid to a future program of your choosing.